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# Rain, hail... shine!

**ERIN WASSON**  
STREET  
STYLE'S  
MODEL  
MUSE

STYLE SOLUTIONS FOR WHEN THE WEATHER'S ALL OVER THE PLACE



04

# The all-week blow-dry

They say a good blow-dry should last the working week (and then some). We asked Joh Bailey, head stylist for Tresemmé and king of Sydney blow-drying, to explain how.

**Q** How do you get a pro-grade blow-dry at home?

**A** Prepping with a quality volumising shampoo and conditioner is a must. A light body-building mousse or sea-salt spray gives fine hair the texture and hold it needs, without weighing it down, whereas thick hair requires richer products for more control, like a relaxing balm or crème. The next step is to tip your head upside down and run your fingers through it as you blow-dry, until it's 80 per cent dry. Then, blow-dry the hair in sections - working from the nape to the crown, forehead to the crown, and then the sides - rolling the hair around the brush, right up to the roots, to create lift and movement evenly throughout. Let the hair cool for a few minutes before finishing with a light mist of hairspray all over.

**Q** How do you get the style to go the distance?

**A** First up, avoid having hot showers and working out, as steam and perspiration will

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only make the hair limp. And go easy on product. Unless your hair is uncontrollably frizzy, steer clear of shine serums - this should buy you an extra day at the very least. Unlike hairspray, which gives the right amount of hold, serums are best reserved for slick styles, as they tend to make thin hair oily and take the body out of the ends. If your locks are looking



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your make-up. If, by day four or five, it's beginning to lose its oomph, lightly backcomb the roots and pull your hair back into a high pony or modern French roll to capitalise on the volume that's still at the ends.

**Q** Do the right tools really make a difference to how long your blowie will last?

**A** Regardless of your hair type or length, you can't go past a full, thick-bristled brush. More bristles make it easier to grab the hair and smooth it out, which becomes even more important three or four days into the blow-dry, as the ends start to get frizzier and fluffier. Plus, thick-bristled brushes don't tangle as easily, which is especially handy when you're rolling sections of hair around them daily to boost volume. Utilising the nozzle on your hair dryer is another must. The trick to smooth, glossy locks is to direct the hot air in one concentrated direction - down the hair shaft - in order to keep the cuticles smooth and polished four or five days into the blow-dry.



DIANE VON FURSTENBERG

flat by day two or three, brush a bit of baby powder through the roots and section the hair with big Velcro rollers, then leave it to set while you do

## TOOLS OF THE TRADE

Fail-safe:  
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Brush, from \$23.95,  
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251 215.





Lady Jayne My Style Self Hold Rollers, \$8.46 for pack of 8, 1800 651 146. The trick to faking freshly washed volume in day-old hair.

L'Oréal Paris Studio Secrets Professional High Definition Lip Liner in Pink, \$18.95, 1300 659 259. Wear it over lipbalm for a sheer lippie effect.



Rimmel Stay Matte Pressed Powder in Cashmere, \$12.95, 1800 812 663. A pretty, barely-there powder that conceals redness and shine.

Mor Soapette in Snow Gardenia, \$9.95, (03) 9600 4599. Sweetest soap ever, in a tin that's for keeps.



Natio Tinted Lip Balm in Cherish Me, Cuddle Me and Thrill Me, \$9.95 each, (03) 9415 9911. Ultra-moisturising, and comes in three of the most wearable shades.



# Cheap Thrills

Bring lunch from home and treat yourself to one of these beauty bites instead. All **UNDER \$20**



Cosmetica Manicare Concealer Brush, \$12.95, 1800 651 146. Great for applying super-fine eyeliner when wet.

**cosmetica**  
manicare



Lash Me Professional Reusable Eyelashes in Gold Glam, \$19.95, 1800 251 215. Hello, drama queen!

Maybelline NY Mini Colorama Nail Colour in Icing Sugar, \$5.95, 1300 369 327. Buildable colour that comes with a tiny brush, so it's impossible to mess up.

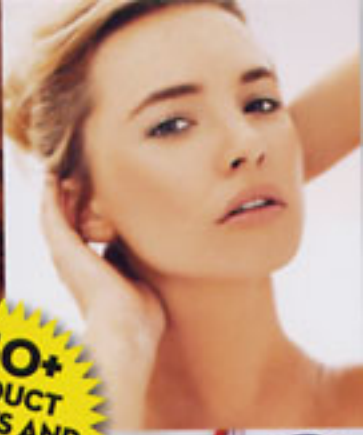


Garnier Youthful Radiance Day Cream, \$13.95, 1300 651 743. So rich, and gives an instant glow.



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## SHOP recommends



O&M Rootalicious Root Lift, \$29.95, 1300 724 635. Extracts of lily pilli and plum make it nourishing with a ton of shine.



Apivita Propoline Volumizing Shampoo For Fine And Toneless Hair, \$24.90, (03) 9495 6366. Boosts body but isn't too rich, so you can use it daily, without build-up.



Brushworx Pharmacy Porcupine Radial Brush, from \$16.95, 1800 251 215. Close-set bristles grip fine hair. Gets to the roots and adds volume where you need it.



James Brown London Thickening Shampoo, \$14.95, from Priceline, 1300 884 411. A rice-based formula that bulks fine hair the way carbs do your belly.



Kevin Murphy Heated Defence Heat Protecting Volumising Spray, \$34.95, 1800 104 204. The uplifting, almost-cologne smell works to freshen up hair you're too busy to wash.



Ghd Fat Hair Lotion, \$35, 1300 880 209, [ghdhair.com/au](http://ghdhair.com/au). Bulks up baby-fine hair, and protects it from heat damage at the same time.



Tresemme 24 Hour Body Amplifying Mousse, \$7.95, 1800 623 540. Gives freshly washed hair serious height and makes two-day-old hair stay put in an updo.



John Frieda Collection Luxurious Volume Bountiful Body Mousse, \$15.95, 1800 468 318. Apply all over to give squeaky-clean hair texture and body.



Catwalk By TIGI Volume Collection Your Highness Elevating Shampoo, \$29.95, (02) 9889 0435. Gives great texture and comes in a milk carton-sized bottle that'll last forever.